



OFF TO CANADA

The Queen waves as she boards an aircraft leaving for Canada at London's Heathrow airport. She was sched-

uled to arrive in Ottawa this afternoon on her three-day visit to sign the Canadian Constitution. AP Laserphoto

Chefs make meal fit for Queen

Simple, elegant fare to tempt Royal appetite

OTTAWA (CP) — The Queen, the staff at the Holiday Inn has been told, "eats like a bird."

This fact is of particular interest since the hotel will be preparing lunch for Her Majesty Friday. She is to dine with a group of young persons known as Canadian junior achievers.

While her appetite may be minimal, the hotel is playing

it safe. The staff is preparing as though she were the world's hungriest and pickiest bird.

The fare is described as "simple, yet elegant" but in truth it will be a touch more elaborate, requiring as it does the transport of ingredients from around the globe.

"Simple, tasty food," said a hotel spokesman. "That is the key."

The snack will commence with Petites Salades du Marche (little salads of the market) and be followed by Cream of Fiddlehead Soup.

The fiddleheads are available in New Brunswick, a relative stone's throw away, but the salad requires that endives, lamb's lettuce, oak leaves, yellow chickory and thin green beans be imported from France.

Also from France will come the royal refreshments, a 1978 red Bordeaux wine known as Chateau Puyfromage and French champagne.

The former will be drunk with the main course, Carre de Veau Poêle Choisy (rack of veal on lesser occasions) and the latter with a light puff pastry desert made of apples. Canadian wines have been deemed unsuitable for royalty.

The Queen will also have her own mineral water, drawn from a special spring in the Malvern Hills of England. A supply is carried with her wherever she travels.

The number of waiters is being confined to 95. They will wear tuxedos and white gloves.

Preparations were beset by panic when Air Canada lost a rack of veal being flown in from Toronto. A replacement was located locally at the last minute. No such calamity is expected Friday.