



## Seniors to benefit from new Outreach Program in 2010

### *Grey Roots receives \$21,650 New Horizons grant for Community Seniors Outreach Program*

**For Immediate Release – December 29, 2009**

Grey Roots Museum & Archives has just received notice of approval for a \$21,650 grant from the New Horizons for Seniors Program. Grey Roots will implement the "*Grey Roots Community Seniors Outreach Program*" starting January 2010 in local long-term care and retirement homes.

The New Horizons for Seniors Program (NHSP) supports the Government of Canada's overarching social goals to enhance the quality of life and promote the full participation of individuals in all aspects of Canadian Society. The NHSP support a wide range of community-based projects across Canada that enable seniors to participate in social activities, pursue an active life and contribute to their community.

The *Grey Roots Community Seniors Outreach Program* will use artefacts from the museum's teaching collection to enable seniors to share their personal histories and experiences, with contextual details, with a variety of different audiences. This sharing will preserve community memories, enhance appreciation of local history, foster greater understanding between seniors and others, and create relationships between people in our community.

The grant will also encourage Aboriginal and non-Aboriginal Elders to share their stories with the general public and youth. Grey Roots will record these stories for future generations. Lectures are also part of the program. Popular guest speakers, like heritage cook and author of "Nothing More Comforting: Canada's Heritage Food", Dorothy Duncan, will be talking to seniors about local history.

An important part of the grant is the purchase of two motorised scooters which will enable all seniors, regardless of their physical ability, to access Grey Roots and the Heritage Village. Parker's Home Health Care assisted with the acquisition of the scooters by providing them at cost.

"We are very pleased to bring museum programs and heritage speakers to those that may not have had the opportunity to visit Grey Roots Museum & Archives or Moreston Heritage Village. Sharing our personal and community histories is now more accessible by everyone." says Brian Manser, Manager, Grey Roots Museum & Archives.

**About Grey Roots Museum & Archives:**

Grey Roots Museum & Archives has grown and developed into a unique facility from the County Museum's beginning in 1955 and the later establishment of a County Archives in 2000 in order to promote and preserve the heritage of Grey County. With the consolidation of the Grey County Museum, Grey County Archives, and Tourism in 2004, Grey Roots has become a multi-faceted attraction with innovative and informative interpretive programs and demonstrations, rotating exhibits, a heritage village, archival resources and superior customer service which create an exciting and educational visitor experience.

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